

Minutes of PPG meeting held on 13th September 2023
The Beaumont Practice
Hornsey Rise Health Centre 18:00-19:00

In attendance:

SK (Practice Manager) & Chair

SK

BZ

CP

AG

RM

ZC

SA

Apologies:

Sangeetha

Agenda attached-

Sangeetha gave her apologies due to unforeseen circumstances, so SK chaired the meeting in her absence. Minutes and matters from previous meeting were discussed. BZ will be note taking as Sk is now the chairing the meeting.

DNA rates-

DNA rates-these are decreasing overall as the trend suggests. It seems that despite having the IPLATO text messaging service whereby patients are sent reminders 2 days before and on the day itself of their upcoming appointments, some still do not attend and no cancellation is made. This puts undue pressure on the practice whereby these wasted appointments could have been used by other patients. We are doing some work with the other PPGs within our PCN about DNA rates. This can only get better, as we have seen significant improvements.

We advertise on the noticeboard too to raise awareness and reminding patients to cancel their appointments when they do not need it.

Exercise club

-Exercise club- It was suggested by the members that it would be a good idea if we had a personal trainer who would be willing to show some good exercises.

SK to enquire.

We would like to start a little group who are fitness aware to get together on a regular basis when the weather gets better in the new year to go for brisk walks etc. as it's too late in the year to organise it now. SK to lead on this.

There is a Free 12-week weight loss course run by Arsenal Community Camden/Islington Resident Male aged 18-65 Body mass index of 27.5+

FLU:

This Year flu vaccination program will start end of September beginning of October. Our Flu vaccine delivery is due Tuesday 26th September for us to start the campaign shortly after.

Kids Asthma clinic

We are working with NCL ICB to host a kids asthma clinic after the school holidays. We have just over 20 registered kids with diagnosis of asthma.

NHS health

We continue to invite new pts over the age of 40 and other pts who qualifies for an NHS health check.

Menopause workshop

Dr Phipps would like to do a menopause workshop. January 2023

We will also be having a few 30 mins clinical appointment available for pts to have time to talk through their personal menopause plan.

PPG meeting in the future

Change to the way we will be doing our PPG meeting in the future. As you know we do not get a lot of interest from patients to join our PPG meeting

We are aiming to meet twice quarterly here at Hornsey Rise Health Centre for the Beaumont Practice in January & July and in October & April for The PCN We will send you an invitation once all the details are confirmed with the PCN

We always have Patients Survey form available at the reception so please ask for one on our way out.

Next PPG meeting: Jan 10th, 2024, at 6pm